



# Nutrition Guidance (Commercial Off The Shelf)



## Sports Bar/Protein Bar

RX BAR  
EPICBar  
KIND Bars  
RISE Bars  
PRO Bar Meal On-the-Go  
PRO Bar 20g Protein Bar  
Caveman Nutrition Bars  
Zone Perfect Bars  
Bonk Breaker Energy Bars  
Bonk Breaker Plant-Based Protein Bars  
Honey Stinger Waffle  
3Bros Dutch Cookies Stroopwafel  
GU Energy Stroopwafel  
Range Bars  
Condition One Bars  
Garden of Life SPORT Organic Plant-Based Performance Protein Bar

## Fluid Replacement/Electrolytes Beverages & Powders (Individual Serving Size)

Tailwind Endurance Fuel  
Skratch Labs Sport Hydration Drink Mix  
Fluid Tactical Electrolyte Drink Mix  
LMNT Electrolyte beverage powder  
The Right Stuff  
Gatorade Endurance Formula (Powder, RTD)  
Gatorade Gatorlytes (Powder, RTD)  
Gatorade Original (Powder, RTD)  
GU Energy Hydration Tabs

## 100% Juice (Individual Serving Size, P-Pouch, B-Bottle)

Cherrish Tart Cherry Juice (P, B)  
CheriBundi Tart Cherry Juice (P, B)  
POM Wonderful Pomegranate Juice (B)  
Cherry Bay Orchards Tart Cherry Juice (B)  
Rowley's Red Barn Tart Cherry Juice (B)

## Sports Chews

Honey Stinger Organic Energy Chews  
GU Energy Chews  
CLIF BLOKS Energy Chews  
Jelly Belly Sport Beans  
Jelly Belly Extreme Sports Beans

## Sports Gels

Honey Stinger Gels  
GU Energy Gels  
CLIF SHOT Energy Gels

## Protein Beverages/Powders/Purees (Individual Serving Size)

Orgain 20g Clean Protein Shake (RTD)  
Orgain 26g Organic Protein Grass Fed Protein Shake (RTD)  
Orgain 20g Plant-Based Protein Shake (RTD)  
Fairlife Core Power 26g Protein (RTD)  
Fairlife Core Power 42g Protein (RTD)  
Fairlife Nutrition Plan J0g Protein (RTD)  
Horizon 1% Chocolate Milk (UHT, RTD)  
Momentous Whey Protein Isolate (Powder:  
Unflavored, Chocolate, Vanilla)  
Fluid Tactical Whey Protein Isolate (Powder:  
Chocolate, Vanilla)  
Orgain Organic Protein Plant-Based Protein (Powder)  
Garden of Life SPORT Organic Plant-Based Protein (Powder)  
Fuel for Fire (Puree Pouches)

## 100% Fats (Individual Serving Size, P-Pouch)

Justin's Nut Butters (P)  
Nuts (Containing one type of nut) (P)  
Nuts (Containing mixed nuts) (P)  
Trail Mix (P)